



Blair Community Schools K-5 Lunch Menu

November
2020

Fresh Vegetables and Seasonal Fruit Provided Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Brunchable w/Waffle</p> <p>WOW Butter & Cheesestick</p> <p>Baby Carrots Red Delicious Apple</p>	<p>3</p> <p>Hotdog on Whole Grain Bun Crispy Golden Fries</p> <p>Ham Deli Sandwich</p> <p>WOW Butter & Cheesestick</p> <p>Corn Orange Halves</p>	<p>4</p> <p>Pasta with Meat Sauce Garlic Toast</p> <p>Chef Salad</p> <p>WOW Butter & Cheesestick</p> <p>Peas Applesauce</p>	<p>5</p> <p>Grilled Cheese Sandwich Tomato Soup</p> <p>Munchable Crispy Ck. Wrap</p> <p>WOW Butter & Cheesestick</p> <p>Broccoli Florets Golden Delicious Apple</p>	<p>6</p> <p>No School!</p>
<p>9</p> <p>Popcorn Chicken Mashed Potatoes Whole Grain Dinner Roll</p> <p>Pizza Munchable</p> <p>WOW Butter & Cheesestick</p> <p>Corn Red Delicious Apple</p>	<p>10</p> <p>Beefy Nachos w/Homemade Cheese Sauce</p> <p>Ham Deli Sub Sandwich</p> <p>WOW Butter & Cheesestick</p> <p>Cucumber Slices Fresh Pineapple</p>	<p>11</p> <p>BBQ Pulled Pork Sandwich</p> <p>Crispy Chicken Salad</p> <p>WOW Butter & Cheesestick</p> <p>Pork & Beans Diced Peaches</p>	<p>12</p> <p>Macaroni & Cheese</p> <p>Chicken Caesar Wrap</p> <p>WOW Butter & Cheesestick</p> <p>Baby Carrots Granny Smith Apples</p>	<p>13</p> <p>Pizza Dippers Marinara Sauce</p> <p>Turkey Munchable</p> <p>WOW Butter & Cheesestick</p> <p>Romaine Lettuce Banana</p>
<p>16</p> <p>Cheeseburger on Bun Crinkle Cut Fries</p> <p>Munchable Pretzel Yogurt Pak</p> <p>WOW Butter & Cheesestick</p> <p>Corn Red Delicious Apple</p>	<p>17</p> <p>Crispy Chicken Sandwich</p> <p>Ham Deli Sandwich</p> <p>WOW Butter & Cheesestick</p> <p>Pork & Beans Orange Halves</p>	<p>18</p> <p>Chicken and Cheese Quesadilla</p> <p>Chicken Caesar Salad</p> <p>WOW Butter & Cheesestick</p> <p>Tomato Slices Diced Pears</p>	<p>19</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Honey Mustard Chicken Wrap</p> <p>WOW Butter & Cheesestick</p> <p>Green Pepper Slices Golden Delicious Apple</p>	<p>20</p> <p>Pepperoni Pizza</p> <p>Turkey Deli Sub Sandwich</p> <p>WOW Butter & Cheesestick</p> <p>Baby Spinach Banana</p>
<p>23</p> <p>Corn Dog</p> <p>Yogurt Pak with Bagel</p> <p>WOW Butter & Cheesestick</p> <p>Pork & Beans Red Delicious Apple</p>	<p>24</p> <p>Pancakes Scrambled Egg</p> <p>Beef Taco Salad</p> <p>WOW Butter & Cheesestick</p> <p>Iceburg Lettuce Mixed Fruit</p>	<p>25</p> <p>No School!</p>	<p>26 Happy Thanksgiving!</p> <p>No School!</p>	<p>27</p> <p>No School!</p>
<p>30</p> <p>Hamburger on a Bun Tator Tots</p> <p>Pizza Munchable</p> <p>WOW Butter & Cheesestick</p> <p>Corn Canned Fruit Bar</p>				<p>Choose MyPlate.gov</p>

INFORMATION

PK-12 Breakfast	\$0.00
PK-12 Lunch	\$0.00
Adult Breakfast	\$2.40
Adult Lunch	\$3.85
Milk	\$0.55

EXTRA INFO

Low fat white, strawberry or chocolate milk provided.
Dinner rolls included with salads.
Special diet options available upon request.
For questions or comments contact the Food Service Director at 402-427-2960.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



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