





Blair Community Schools PK-12 Breakfast Menu

September
2020

Fresh Vegetables and Seasonal Fruit Provided Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cinnamon Cream Cheese Filled Bagel Vegetable Selection Fresh Fruit	2 Chocolate Chip Muffin Graham Crackers Vegetable Selection Apple Juice	3 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fresh Fruit	4 Cinnamon Roll Vegetable Selection Orange Juice
7 Labor Day!	8 Brekkie Vegetable Selection Fresh Fruit	9 Cocoa Puffs Cereal Bar Graham Crackers Vegetable Selection Apple Juice	10 Long John Vegetable Selection Applesauce Cup	11 Chocolate Chip Muffin Cheese Stick Vegetable Selection Orange Juice
14 Mini Eggo Waffles Vegetable Selection Fresh Fruit	15 Sausage Breakfast Pizza Graham Crackers Vegetable Selection Apple Juice	16 Banana Chocolate Loaf Cheese Stick Vegetable Selection Applesauce Cups	17 Breakfast Stacker Sandwich Vegetable Selection Orange Juice	18 Mini-Cinnis Vegetable Selection Fresh Fruit
21 Chocolate Chip Muffin Cheese Stick Vegetable Selection Fresh Fruit	22 Breakfast Burrito Vegetable Selection Apple Juice	23 Blueberry Loaf Graham Crackers Vegetable Selection Applesauce Cups	24 Sausage Breakfast Pizza Graham Crackers Vegetable Selection Orange Juice	25 Golden Grahams Cereal Bar Graham Crackers Vegetable Selection Fresh Fruit
28 French Toast Loaf Graham Crackers Vegetable Selection Fresh Fruit	29 Hot Ham & Cheese Bagel Vegetable Selection Apple Juice	30 Sausage Breakfast Pizza Graham Crackers Vegetable Selection Applesauce Cups	  Choose MyPlate.gov	

INFORMATION

PK-12 Breakfast	\$2.10
PK-5 Lunch	\$2.90
6-12 Lunch	\$3.20
Adult Lunch	\$3.85
Milk	\$0.55

EXTRA INFO

Milk choice of low fat white, strawberry or chocolate.
 Dinner rolls included with salads.
 Special diet options available upon request.
 For questions or comments contact the Food Service Director at 402-427-2960.

HARVEST OF



THE MONTH

Your **MENUS** plus more information on our app
Taher Food4Life®



www.taher.com